

University of Pretoria Yearbook 2016

Exercise science 704 (MBK 704)

Qualification	Postgraduate
Faculty	Faculty of Humanities
Module credits	27.00
Programmes	BAHMSHons Biokinetics
Prerequisites	No prerequisites.
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Year

Module content

The line of thought in exercise science is to include the basic principles of physiology and exercise science so that it is useful to both the sportsman as well as the person who exercises on a regular basis in the planning of exercise programmes for various sports or situations. (3 hour contact time per week with work assignments for the following week.)

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